



ETOBICOKE TAEKWONDO FESTIVAL!

Saturday
December 18th
10am - Noon

Join us to
Celebrate Taekwondo!

*Games
Raffle
Footwork competition
Pattern competition
Prizes
Breaking demonstration
and much more*



Please Bring the following:

- A donation for our new community program starting in January at Christ the King and St. Louis schools
- Used summer clothes, shoes, toys and books to be sent to Ghana.
- Food for a potluck lunch.

Its fun and its FREE! Please bring your friends and family to enjoy!



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Etobicoke Taekwondo & DehCamp

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25th Year Anniversary

Memorandum

From: Master Michael Deh
To: All Students and Staff
Date: Monday December 06, 2010

Dear Valued Students and Staff,

Another year is coming to an end and I feel so lucky to have such loyal and dedicated students and staff at the school I started 25 years ago! Seeing you all grow and improve; as individuals, as Taekwondo enthusiasts, as competition fighters, and as instructors now helping to blaze the trail for the next generation of students, fills me with enormous pride and joy.

So, let me use this opportunity to thank you for your dedication to Taekwondo and for your continued support of Etobicoke Taekwondo & DehCamp in 2010. I wish you **Happy Holidays** and a **Happy, Healthy and Successful New Year in 2011**. Classes will end on **Thursday December 23rd** resuming on **Monday January 03, 2011** with no changes to our current schedule.

In 2011, our program will continue with the high standards that you have come to expect. All your favorite instructors; Masters Ivan Petrovic and Chang Kim, Instructors Zach King, Josh King, Katie Hartl and Jackie Nowoselski, will be returning to help us. In addition, two new instructors have joined our team this year; Master Luis Sanchez, will continue to help build a competition sparring team capable of winning tournaments, and Mme. Diane Melançon, will continue to teach our French After School tutoring program.

Every one of your Masters and Instructors brings a different set of skills to our program, and together we are passionate about Taekwondo and dedicated to bringing you everything you need to know about this great Martial Art/Olympic Sport. You should also do your part, by attending classes regularly and always doing your very best.

I sincerely hope you are happy with our program and look forward to seeing you in our in 2011.

Note to Parents: There are a few things we'd like you to take note of for next year. Please read about them on the **other side**. Thank you!

25% Off Annual Tuition

Expires December 18

OUR PROGRAM IN 2011

1. Master Sanchez teaches competitive sparring classes on Monday, Tuesday, Thursday, Friday (7 – 9pm) and Saturday (11–12:30pm). Students interested in tournaments MUST attend these classes on a regular basis.
2. Our team recently attended Son's Premier Championships in King City, Ontario (December 4th) and returned with 5 First Place and 5 Third Place finishes in patterns and sparring! Congratulations to all participants!
 - The next tournament is on March 26 in Uxbridge, Ontario. Come join our team!
3. English/French After-School program continues to run Monday to Friday (3 – 6pm). This program is designed to assist working parents who rush home to get kids changed, fed and ready for Taekwondo. Have us do the pick up from school or arrange the school bus to drop them off. During this time students will have playtime, a snack, assisted homework time, and 1 hour of Taekwondo everyday!
 - This year-round inclusive package includes DehCamp every PA Day, free of charge!
 - French tutoring program is particularly useful to non-French speaking parents with children in French immersion programs.
4. Instructor Josh teaches MMA (Kickboxing, grappling) classes on Wednesday (8 – 9:30pm) and Saturday (2:30 – 4pm). Participants must be 14 years and older, have their own MMA/boxing gloves, a groin cup (jock), and mouth guard.
5. Starting in January 2011, students will have to qualify for testing in class one to two weeks prior to testing day. Please refrain from calculating lessons attended (hours) and approaching instructors to have students added to the list. Master Deh will let you know when a student is ready for testing.
 - Factors to be considered in qualification for testing are: number of classes attended (*hours*), effort in class (*work ethic*), maturity (*personal growth*), adherence to Taekwondo rules, traditions and protocol (*attitude*), improvement in the areas of fitness, flexibility and strength (*physical development*), inner strength (*fighting spirit or "Ki"*), as well as their patterns, kicks, strikes, blocks and sparring skills.
6. Due to the unusual nature of the holidays this year, we will be open for evening classes during the first part of your Christmas break; December 20 – 23 inclusive.
 - We may consider running DehCamp from Monday to Thursday, December 20 to 23 (9am – 4pm) provided there is enough interest. Fee: \$50 per child per day. No sibling discounts applicable. Please speak to Master Deh or Instructor Josh and express your interest before Wednesday December 15.
 - We may also consider running DehCamp during March Break (March 14 – 18, 2011), provided there is enough interest. Regular camp rates will apply. Please speak to Master Deh or Instructor Josh
7. A demonstration team is being put together to perform at competitions and school events in the Spring. Interested students who wish show off their patterns, breaking and self defense skills will be considered only if they can show a strong *work ethic* and superior ability in class.